

SUMMER AT HPA

ENRICHMENT CAMPS

2026 Course Catalog





ENRICHMENT CAMPS

PADI Open Water SCUBA Certification

Upon successful completion of this two week, 8 day class, students will earn their PADI Open Water diver certification. The course will involve three main phases: knowledge development, confined water dives in HPA's pool, and open water shore dives. Safe diving practices will be emphasized throughout the course. Prior to the beginning of the course, students will need to complete a swim test successfully, submit three forms (PADI Medical Statement, Safe Dive Practices Standard of Understanding, and Release of Liability), and be comfortable in the ocean. All students must provide their own snorkeling gear, which includes dive mask, snorkel, booties and open-heel dive fins. All scuba gear, dive computers, and wetsuits will be provided. Limited to 6 students.

Dates: June 1-12, Monday-Thursday

Ages: 12-17

Times: 8:30 am to 3:00 pm

Cost: \$800

Baseball Sports Camp

The summer baseball camp at HPA will be a fundamentals based camp focused in the areas of hitting, base running, throwing, and infield and outfield play. Players will learn the basic skills in each of these areas utilizing drills that are both fun and challenging. Players will need their own

baseball gloves and should bring a hat, athletic shoes (cleats are ok but not necessary), water bottle, and sunscreen. Camp will be directed by Jeremy Lustik, the head baseball coach at HPA with current and former varsity players on hand to aid with instruction and demonstrations.

Dates: June 1-5

Ages: 11-14

Times: 9:00 am-12:00 pm

Cost: \$150

Swim Lessons (Multiple levels)

Cost (All Programs): \$125

Dates

Swim Lessons Session 1

June 1-11, Monday-Thursday, afternoons

Swim Lessons Session 2

June 15-25, Monday-Thursday, afternoons

Swim Lessons Session 3

June 29 to July 9, Monday-Thursday, afternoons

Swim Lessons Session 4

July 13-23, Monday-Thursday, afternoons

Available time slots

- Noon-12:30 pm
- 12:45-1:15pm
- 1:30-2:00 pm
- 2:15-2:45 pm
- 3:00-3:30 pm
- 3:45-4:15 pm

Bubbles Floats, and Glides (BFG)

Beginners will learn water safety skills, proper breath control, floating, gliding, kicking on front and back, and rolling over from front to back without support. Swimmers will learn to become comfortable with their face in water.

Swimming 101

Swimmers learn basic freestyle first without breathing, then we will teach breathing techniques. Swimmers will learn the sitting dive, streamline kick, and retrieve items from the bottom of the pool.

PREREQUISITES: Child must be able to float and kick on the front and back without support.

Swimming 102

Swimmers will work to be more efficient at freestyle side breathing, and basic backstroke. They will work on

standing dives and retrieval of items from the bottom of the pool.

PREREQUISITES: Child must be capable of swimming proper freestyle with side breathing for 5 yards.

Swimming 103

Swimmers learn bilateral freestyle breathing, and build endurance until they are able to swim 25 yards freestyle and backstroke. They will learn to tread water, somersault, flip turn, and perform standing dives.

PREREQUISITES: Child must be capable of swimming a clean freestyle and proper backstroke for 15 yards. Parents of Pre-Team and Diving students should contact Mark Noetzel directly at mnoetzel@hpa.edu.

Parent & Tot Swim Lessons

Parent will be in the water with the child aged 3-4 years old. 30 minute lessons.

Dates

Session 1: June 15-25, Monday-Thursday

Session 2: June 29 to July 9, Monday-Thursday

Session 3: July 13-23, Monday-Thursday

Parent & Tot time slots

2:15-2:45 pm

3:00-3:30 pm



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Driver Education

Students who are 15½ through 17 years old, must meet stringent requirements to obtain a driver license in the state of Hawai'i. One of the major requirements is completing a State Certified Driver Education Course, and Road Time with both a Certified Driving Instructor and parents before getting a license. This course is offered to students who currently possess a valid (current) Hawai'i learner permit. Included in the course are 6 hours of "behind-the-wheel" practice driving sessions with the instructor, to be scheduled outside of class time. There is a mandatory Parent & Student orientation on Saturday before the class begins, June 1, 9:00-10:30 am. 50 hours driving time with a parent/guardian (including 10 hours of night driving) will be required before a minor (under 18) may apply for a Hawai'i Driver License. Upon completion of 50 hours, the parent/guardian is required to submit a notarized statement to the teacher to receive the final certificate for this course. Certificates cannot be issued until 6

weeks after the beginning of the course, July 15.

Dates: June 1-12

Ages: 15 1/2 - 17

Times: 9:00 am to 12:30 pm

Cost: \$550

Equestrian Camp

Beginners/Intermediate

The Beginners Equestrian Camp offers a diverse training regimen designed to create a working knowledge of the aids and mechanics involved when riding English, as well as proper grooming and tacking procedures. Instruction will enable students to gain equestrian knowledge, and for beginners to learn stable management and basic riding skills. Ages 8 and above. 8 students maximum. Three 3 hour lessons.

Dates: June 9-11 & June 16-18, Tuesday-Thursday

Times: 9:00 am to noon

Cost: \$400

