HPA
Hawai'i Preparatory Academy

FALL 2026
AFTER SCHOOL PROGRAM

MIDDLE SCHOOL (GRADES 6-8) OFFERINGS, WINTER 2026–2027

Middle School After School Program Enrichment Classes

*Each enrichment class will have a maximum of 15 students (minimum of 4) per class unless specified.

MS - Study Hall

Days: Monday through Friday
Time: 3:30 to 5:00 pm
Location: Library
Teacher: Vivan He and Kristin Tarnas
Open to all, and drop-ins are welcome

A quiet place to get your work done, with help if you need it. Supervised, serious-business study hall with excellent assistance when you need it! You'll have a 10-minute break during your 90-minute study session. No games allowed on the computer, no YouTube, etc. We are here to get work done, study for tests and quizzes, bring grades up, get organized, and focus on what needs to get done for the next day and beyond.

Lacrosse – TBD

Days: Wednesdays
Time: 3:30 to 4:30 pm (first class will be Wednesday, November 13)
Location: Kohala Field
Coach: Upper School students

Students will be breaking down the skills needed to play lacrosse and honing in on fundamentals that students can work on at home and practice to develop their skills. Help and guidance will be given to players on their footwork and mechanics for cradling, scooping, throwing, and catching. No prior experience with lacrosse is needed.

The Music Ensemble (Grade 5 - 8)

Days: Mondays and Wednesdays
Time: 3:30 to 4:30 pm
Location: Drama Hall
Coach: Mario Flores

The Music Ensemble is available for 5th-8th grade students interested in playing music with others and developing as musicians and performers. This group will work on music from rock, jazz, film, and other genres — depending on student skill and interest. The Ensemble is open to students with at least one year of experience on any wind (flute, clarinet, sax, oboe); brass (trumpet, trombone, french horn, tuba); string (violin, viola, cello, bass); or rhythm instruments (guitar, electric bass, piano).

Musical Theatre class with Kumu Kelly

Days: Tuesdays Nov 10, 17, 24 and Dec 1st.
Time: 3:15 to 4:15pm
Location: Drama Hall

All grade 5-8 who are interested in auditioning for the Middle School Musical *(TBD)* are greatly encouraged and welcome to sign up for Tuesday afterschool musical theatre class. (**Students interested in lead roles are encouraged to register for grade 7-8 Musical Theatre or Acting for their semester 2 elective)*

These classes will work towards developing the skills for being in the spring MS musical. Audition preparation will be covered so students feel confident auditioning. Auditions will take place immediately after winter break on Tuesday and Wednesday Jan 5-6th.
Activities involve: cold reading scripts, character work, singing, vocal warm up and learning choreography.

HPA Athletic and Extracurricular Teams

12U coed Volleyball (11 & 12 year olds; the age the athlete is on 12/31/26)

Days: Tuesdays and Thursdays
Time: 4:15 to 5:30pm
Location: Hale ʻĪnana
Coach: Mark Kent

Students will be breaking down the skills needed to play volleyball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for attacking, proper forearm passing, the basics for overhand serving, proper posture, footwork, and hand positions for setting. No prior experience with volleyball is needed.
Program Price: $350 (August to December)
**Uniforms will be required to purchase to compete in volleyball games. Price $20 (Disregard if your athlete already has one from last year)*

14U Volleyball (13 & 14 year olds; the age the athlete is on 12/31/26)

Days: Mondays and Wednesdays
Time: 3:15 to 4:15 pm on Monday, and 2:15 to 3:15 pm on Wednesday
Location: Hale ʻĪnana
Coach: Elaine Pettit

Students will be breaking down the skills needed to play volleyball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for attacking, proper forearm passing, the basics for overhand serving, proper posture, footwork, and hand positions for setting. No prior experience with volleyball is needed.
Program Price: $350 (August to December)
**Uniforms will be required to purchase to compete in volleyball games. Price $20 (Disregard if your athlete already has one from last year)*

Robotics & Lego League (Grades 6 - 8)
Days: Tuesdays and Thursdays
Time: 3:30 to 4:30 pm
Location: STEAM Lab
Coach: Matt Campbell

FIRST LEGO League teams research real-world problems such as food safety, recycling, energy, etc., and are challenged to develop a solution. They also must design, build, and program a robot using LEGO MINDSTORMS® technology, then compete on a table-top playing field. This After School enrichment class starts August and runs until February 2023, with the chance to compete in the regional tournament, state tournament, and a possible scrimmage held on specific Saturdays
Program Price: $350 (August - December)
**Uniforms T-shirt will be required to purchase to compete in Robotics Competitions Price: $20*

MS Coed Pre-Season Basketball Conditioning Clinic
Days: Fridays (Nov 20, Dec 4 and Dec 11)
Time: 3:15 to 4:45pm
Location: Hale ʻĪnana
Coach: Vy Vy Vu and Matt DeMille

Students will be breaking down the skills needed to play basketball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for dribbling, proper passing, the basics of shooting, proper posture, footwork, and hand positions. No prior experience with basketball is needed. The team will be competing in the Parks and Recreation Tournament (February - March). No prior experience with basketball is needed. The season runs January through May. There will be two teams: 12U and 14U.
Pre-conditioning season: Friday practices until Winter Break: cost: $40

Basketball Season Starts January!

MS Girls Basketball Team

Days: Monday and Wednesdays (January to May)
Time: 4:00 to 5:00pm
Location: Hale ʻĪnana
Coach: Vy Vy Vu

Students will be breaking down the skills needed to play basketball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for dribbling, proper passing, the basics of shooting, proper posture, footwork, and hand positions. The team will be competing in the Parks and Recreation Tournament (February - March). No prior experience with basketball is needed. The season runs January through May. There will be two teams: 12U and 14U.

Competition season: January - May
cost: $350
**Uniforms ($40 each) will be required to compete in basketball games. A new jersey is not necessary if you have one from last year.*

LS/MS 12U Coed Basketball Team

Days: Tuesday and Thursday (January - May)
Time: 315 to 415pm
Location: Hale ʻĪnana
Coach: Matt DeMille

Students will be breaking down the skills needed to play basketball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for dribbling, proper passing, the basics of shooting, proper posture, footwork, and hand positions. The team will be competing in the Parks and Recreation Tournament (April - May). No prior experience with basketball is needed. The season runs January through May. There will be two teams: 12U and 14U.
Competition season: January - May (two days/week practice)
Program Price: $350 (January - May)
**Uniforms ($40 each) will be required to compete in basketball games. A new jersey is not necessary if you have one from last year.*

MS 14U Boys Basketball Team

Days: Tuesday and Thursdays (January to May)
Time: 4:00 to 5:00pm
Location: Hale ʻĪnana
Coach: Matt DeMille

Students will be breaking down the skills needed to play basketball and honing in on fundamentals that students can work on to develop their skills. Help and guidance will be given to Middle School players on mechanics for dribbling, proper passing, the basics of shooting, proper posture, footwork, and hand positions. The team will be competing in the Parks and Recreation Tournament (April - May). No prior experience with basketball is needed. The season runs January through May. There will be two teams: 12U and 14U.

Competition season: January - May (two days/week practice) cost: $350
**Uniforms ($40 each) will be required to compete in basketball games. A new jersey is not necessary if you have one from last year.*

Horseback Program

Dates: November 4 – February 3
Days: Wednesdays
Time: 2:30 to 4:00 pm
Location: Upper Campus
Coach: Judy Folk and Laura Rose
Max: 6

The Winter Equestrian Program at Hawai'i Preparatory Academy is available to Middle School students at the Upper Campus. Instruction is based on a planned format. Students engage in both horse care and maintenance and learn a variety of equestrian disciplines. The program is able to offer instruction to prepare riders for showing, both English and Western riding, as well as specialized skills such as polo instruction, show jumping, and cross-country jumping, all tailored to the students' skill levels.

Contact Judy Folk and Laura Rose at jfolk@hawaiiantel.net to sign up for the program and get more information.

Cost: $550